# Service Above Self

# THE SILVER SAGE



**BULLETIN OF THE ROTARY CLUB OF SILVER CITY** 

Helen Shoup, Editor

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Immediate Past President: Suzanne Kavanagh
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International Service: Thomas Bates
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Vocational Service: Shane Coker Sgt-at-Arms: Jim Tindall Senior Advisor: Leslie Bush



# Schedule: Future Meetings, Service Projects, and Special Events

Date: 2018	What's Happening
Tuesday, November 6	12:00 pm: Kate Watson - The Rotary Foundation
Tuesday, November 13	12:00 pm: Susan McFeaters - Sexual Assault Support Services
Tuesday, November 20	12:00 pm: Chris Saxton & Terry Humble - Early Mining Techniques
Tuesday, November 27	12:00 pm: Club Assembly

### **Meeting Notes**

**President Peter Herzberg** rang the bell at 12:10 pm after we had socialized for a few minutes. **Jack Herndon** led the Pledge of Allegiance, **Tom Bates** gave the Invocation, and **Suzanne Kavanagh** led the Four-Way Test.



#### **Guests**

Alicia Edwards, speaker and guest

Jan, Rotary exchange student from Germany



#### **Rotary Announcements**

President Peter Herzberg made the following announcements:

- Pints for Polio was a bit of a disappointment. We have only made \$582.00 to date. We are still collecting if anyone wants to donate.
- The District meeting is coming up in El Paso. The woman that runs the Shelter Box will be there.
- We still need a secretary and a treasurer! Two for each position would be good.
- Don't forget to vote!
- Silver City was in the paper as the best place to retire.
- There will be a Board meeting right after this meeting.

**Kathy Eaton** announced that the first batch of books have arrived on her porch. She will apply the labels, and then they will be ready to be delivered and/or read aloud!

## **Special Presentation**



Jan reported that he still has a concussion but is getting better. He did travel with the team but could not play. He stayed with **Peter Falley** for the weekend. Football is winding down unless they make the playoffs.

## **Non-Rotary Announcements**

**Jack Herndon** invited us to the Monster Chili Fest this Friday at First Savings from 11-1. All are welcome.

# Brags and/or Happy Dollars

**Peter Herzberg** gave away 2 tickets for Derrick Nelson and family at GCCC this Friday.

The Dodgers lost the World Series and **Peter Herzberg** won \$50.

**Peter Herzberg** has friends visiting from Australia.



#### **Program**



Alicia Edwards represents Healthy Kids - Healthy Communities in Grant County. She is the District 3 County Commissioner and was with the Volunteer Center for 11 years. A few years ago, she was named Silver City Person of the Year by the club and was honored at the District Conference. She has been in Silver City for 15 years.

Healthy Kids is a New Mexico Department of Health program to promote healthy eating and physical activity for kids in order to prevent obesity and subsequent chronic diseases. They work on healthy nutrition and physical activity for low-income kids, including relevant policies and working with the 9 elementary schools. She has worked with schools to update school wellness policies to align them with federal and state

regulations regarding food quality and such.

She just completed a big project with NM Grown, and that is policy work as well seeking funding for fresh fruits and veggies. They are looking for funding throughout the system to get fresh food in the school and help local growers. It involves 20% in policy work, 20% in community, and 60% in school with activities like Eat Smart – Play Hard for 3rd, 4th, 5th, and 6th graders. They are trying to figure a way to get the children to think about 5210, creating a habit of eating 5 servings of fruit & vegetables, 2 hours of screen time, 1 hour of activity, and lots of water. They have been planting good ideas.

They have lots of volunteers from the community and do healthy eating and activity carnivals. They have been creating fun activities around building new habits so they carry it forward. Some schools have parent involvement and some don't, but the community is very helpful.

There is a lot of food waste, in apples particularly, but that is just what she is working on – composting and gardening, creating less waste. This morning she was coring apples at Hurley Elementary and helping open milk cartons and things. There are lots of hurdles, and she tries to show them that things are good and easy to eat, bringing kids new experiences around healthy foods. They just started a garden at Stout and have funding from Freeport-McMoRan to build pollinator gardens in every elementary school in the county. Kids need to know where their food comes from and be able to get involved in mixing and preparing.

The mindset is much different today, and not a lot of these values are taught at home, as in the past, for any numbers of reasons.

What can be done with the waste besides composting or gardening? Perhaps they can sell to a farmer for animal feed – but that is thwarted by government regulations. Lots of socio-economic factors are at play like poverty, poor living conditions, stress, and such. When we add to that the 4-day school week, we will be making latch key kids, and in the long run it may cost more in the future than the cost savings by the 4-day week now.

#### Raffle

The raffle was postponed.

#### **Attendance**

We had 16 of 30 active members in attendance, or 53%.

# Gallery



Mark Richard





Tom Bates



Jan Suzanne Kavanagh Kathy Eaton



Jim Tindall



Leslie Bush



Jack Herndon Kate Watson